

AN *Artist's
Winter
Retreat*

AT THE MILL

January 5-11, 2014
Harrisville, New Hampshire

For Dancers,
Choreographers, and
Dance Educators

Space – time –
and dialogue

For your process of
discovery

Hosted by Donlin Foreman
and Dance: On Common Ground
www.danceocg.org

AN *Artist's Winter Retreat* AT THE MILL

January 5-11, 2014, in Harrisville, New Hampshire

*It is our sincere pleasure to be able to offer you
the possibility of this retreat.*

We believe that a poetic imperative runs through our work and our lives, that taking a step in a new direction or even further along the path we love is an act of faith, and that movements and images from our lives become our art, our dancing.

The goal of this retreat is to establish an environment – at a time of year when we sometimes need a little space – in which one can do some personal, deliberate, concentrated work. A place to be presented with possibility – a place to do some thinking, writing, and dancing supported by a common daily practice, individual and group exploration with discussions about our labor of love, our craft, our Dancing. In short, a time and place devoted to the process of discovery.

Harrisville has a remarkable compliment of artists, writers, and musicians. The atmosphere, the scenery, and the feeling of community in Harrisville and the space available make it an ideal place for a structured artist's retreat.

Fee: \$450 includes the dormitory-style living space (which we suggest) or \$400 if you make your own rooming arrangements. There is a \$50 non-refundable deposit to hold your place. And, because our space is so limited, if you must cancel please do so in a timely fashion.

Registration: Please register by email and send a \$50 deposit check to:
Donlin Foreman, Artist's Retreat, PO Box 84, Harrisville, NH 03450
Upon receipt of your check your registration will be confirmed by email.

Deadlines:

For registration: December 20th

For balance of fee: We must receive your payment in full by January 2nd.

Transportation: The nearest airports are Manchester, NH --- 1hr away and Boston, MA --- 2 hrs away. You can make arrangements with us to be picked up and dropped off. **If driving:** Harrisville is located about 5 min off NH highway 101 between Peterborough and Keene NH. 45min from US 91 exit 3 in Brattleboro, VT. Please call to let us know how you will be arriving.

Questions: Please email me at: dforeman@danceocg.org or if you prefer calling: 646-265-8189

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Bring a project you are working on
or come to start something you have
an idea for.

This retreat is limited to nine people

Attend solo or with a partner

Our offerings will be:

- Morning warm-up and movement studies lead by Donlin Foreman
- Noon journaling and discussion
- Afternoon hours for individual exploration, group devising, and/or yoga class tba
- A half day hike on one of our great trails with a forester who will speak about the area, the animals, and its history
- A Friday evening "open to the public" sharing of performance or discussion about your process while at the Retreat
(not mandatory but an important part of the process for us).

We have for you:

- A spacious windowed studio in the historic 19th century Cheshire Mills complex
- A cozy dormitory-style living space with 3 double rooms and 3 single rooms, two shared bathrooms, kitchen, eating area and comfortable shared living room space *
- A General Store (circa 1830) with groceries and delicious prepared food
- A Post Office (behind the General Store)
- And WiFi
- All walk-able in 2 to 3 min (depending if there is snow on the ground)
- Massage therapist available in the village
- The towns of Keene and Peterborough are 20 min away

* We have space for nine people in the dormitory setting (this space is used by folks who come to Harrisville to study weaving and related arts at Harrisville Designs) but we can also offer, by individual reservation, accommodations at the Harrisville Inn – a bed and breakfast (this is a 2 min drive or 15 min walk from the center of the village where the retreat is being held).

Local links: www.historicharrisville.org | www.harrisvillenh.org | www.harrisvilledesigns.com | www.harrisvilleinn.com

Donlin Foreman performed under Martha Graham's tutelage as a principle dancer in her company for 20 years, choreographed over 30 dances for Buglisi/Foreman Dance, in 11 NYC seasons and international touring. During 15 years as an Associate Professor at Barnard/Columbia University, he published a volume of poetic writing *Out of Martha's House*, articles in dance publications and chaired the Dance Panel of New York State Council on the Arts. Donlin lives in Harrisville, NH and is on staff at the New England Center for Circus Arts, the Brattleboro School of Dance, IBIT Dance Company, and is adjunct faculty at Dean College. Donlin has been guest faculty at the Dell Arte' International School of Physical Theater in Blue Lake, CA for eight years teaching classes in the Embodied and Emotional Gesture as well as coaching and directing physical theater shows and circus performers. The Alexander Technique of Body Balance influences his work greatly having studied and used it for 35 years. He develops, with his wife Jennifer Emerson Foreman, dance teaching and performing projects through their organization Dance: On Common Ground. For full CV and bio please go to www.danceocg.org.



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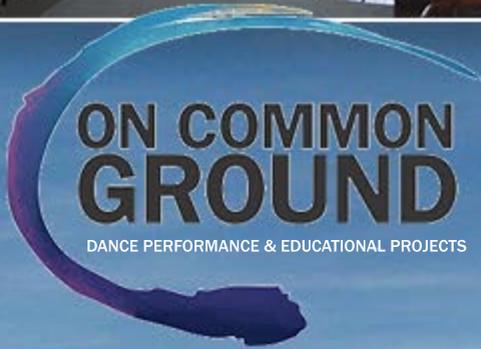
1. Mill 2 is our studio
2. Cozy dormitory lodging
3. The Harrisville General Store and Post Office
4. Beautiful historic Harrisville, NH



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3



www.danceocg.org



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